



WILCANNIA COMMUNITY NEWSLETTER

— Maari Ma Health Aboriginal Corporation

MINISTERIAL TOUR



MAARI MA PRIMARY HEALTHCARE SERVICE

JULY 2023 | ISSUE 67

It was good to be able to show the new Minister for Regional Development—the Hon. Tara Moriarty, MLC round the Wilcannia Health and Wellbeing Centre construction.

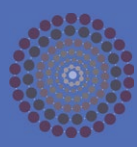


The Minister, who also holds the portfolios of Agriculture and Western NSW, was in the far west last week on a tour of the region. The project manager and his crew were there and we explained the benefits the facility will bring to the community together with



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"Improving Aboriginal health and closing the gap"

MINISTERIAL TOUR cont.

its holistic approach. It looks like we're on track for the building to be completed in October this year. While in Wilcannia, Minister Moriarty also met with the CEO and Chair of the Wilcannia Local Aboriginal Land Council and the Chair of the Community Working Party as well as the General Manager of Central Darling Shire Council, Greg Hill.





MUTAWINTJI CULTURAL FESTIVAL

AUGUST 11-12

Invitation for Wiimpatja

*Enjoy a great weekend celebration of our culture
at Mutawintji National Park*

Free Admission

*Free admission for Wiimpatja.

**This is an
alcohol-free
event.**

Contact **Leroy Johnson** for bookings & information

Email: Leroy.Johnson@environment.nsw.gov.au

Phone: 0459 378 677

Image by Darkeye Photography www.darkeye.com.au

choose to be

VAPE FREE



kiila laana
growing healthy naturally



muuku
be smoke-free



Maari Ma Health

MAD MAX

RUNNING FESTIVAL

JULY 30TH 2023 BROKEN HILL

MARATHON/HALF MARATHON

10km/5km/2km



**For more information and
registration:**

www.madmaxmarathon.com.au



VACCINATIONS



Maari Ma CEO Richard Weston and currently pregnant Aboriginal Health Practitioner Kyla White received their annual Flux Vax recently by RN Elizabeth Murray.

Richard said, "The influenza and COVID vaccines are safe for both mums and bubs when given during pregnancy".

Richard also took the opportunity to remind staff, family and friends to keep up to date with recommended vaccinations with information from NSW Health that influenza notifications across the state increased last week by 15% and presentations to emergency departments for influenza-like illness

remain high. NSW Chief Health Officer Dr Kerry Chant said the state can expect high levels of influenza activity over the coming weeks and months,

which means it's important for us all to do those things we all know about that keep us and our families safe - get vaccinated, wear masks where

needed, maintain physical distance, avoid high-risk settings and practice good hygiene. Influenza is a serious disease in young children, and we know that both COVID-19 and influenza viruses can have serious consequences for older adults, people who have chronic health conditions and those who are immunocompromised.

The Broken Hill PHCS has had a steady take up of flu shots with 450 administered as of a few days ago but the rate of vaccinations could still be higher. Manager General Practice, Daniel Jackman, said COVID 19 boosters remain available with the latest vaccine strains used. Clients can have both the flu and COVID shot at the same time: it is a safe and effective way to protect yourself. We are conducting specific vaccine clinics on Thursdays but vaccines are available at any GP appointment as well.

BIKE

ITEM



ENTER TO WIN

DRAWN ON MONDAY 31ST JULY

have a HEALTH CHECK,
FLU VAX or COVID BOOSTER

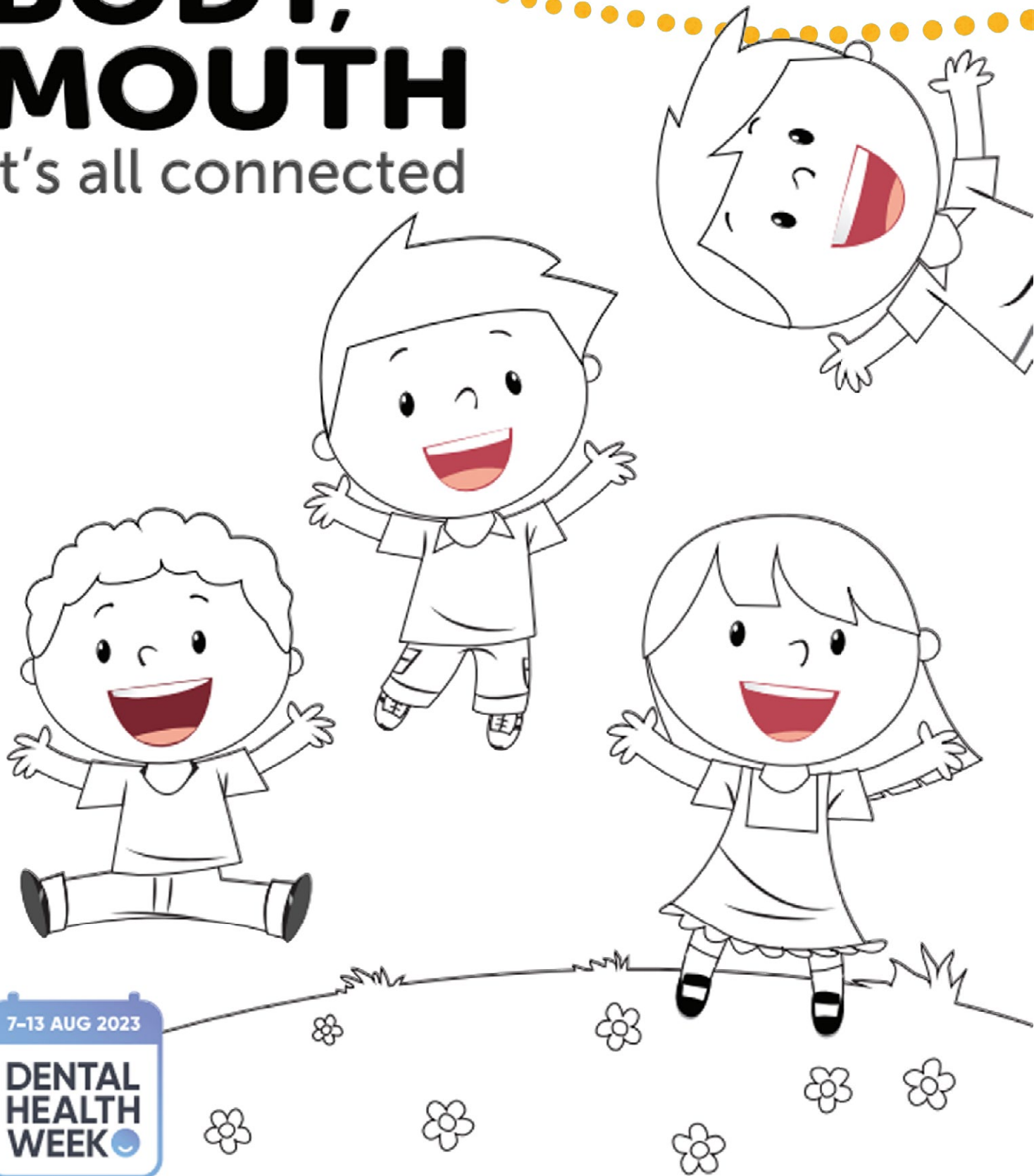
Ages 15+

Maari Ma Health
Aboriginal Corporation

Maari Ma Health
80 82 9777

MIND, BODY, MOUTH

it's all connected



For more information visit
dentalhealthweek.org.au

NAME _____

AGE _____



BROUGHT
TO YOU BY



GP REVIEW

During the year you should see your doctor to see if your GPMP or medication needs to be changed. You may also need some tests.

START

Your cycle of care starts with a twelve monthly CTG/IPIP sign up. This includes ATSI Health Check and a follow up by a health worker.

FOLLOW-UP CARE

Our health workers will visit you to talk about your health and see how you are going with your medications.

MAARI MA CYCLE OF CARE

GPMP & MEDICATION

You will be looked after by our Keeping Well team and other specialists like our dieticians, podiatrists and eye specialists. The Keeping Well team and pharmacist will help you with your medications which could include a Home Medication Review and a Webster Pack.

You should see your doctor regularly and develop a care plan to manage your health. This plan is called a GPMP.



Maari Ma Primary Health Care Service

Improving Aboriginal Health & Closing the Gap..

About MMPHCS

Maari Ma Primary Health Care Service aims to provide culturally appropriate health services to Aboriginal people living in Broken Hill and surrounding communities.

We are governed by an all Aboriginal Board of Directors, who are deeply committed to providing an holistic approach to Aboriginal health that includes physical, emotional, spiritual, cultural and environmental dimensions.

Our health workers, doctors and nurses are committed to providing you with the highest quality care. If you ever feel that this has not been achieved, please contact the manager, Kendy Rogers, on 08 8082 9777 to discuss the matter.



Kendy Rogers

Service
Manager:
PHCS



Nola
Whyman

Executive
Manager
Operations

Regular services

Doctors
Nurses
Health workers
Child health nurses
Midwives
Dietician
Primary mental health workers
Alcohol and other drug staff
Psychologist
Kids dentist
Adult dentist
Women's health
Pharmacist
Social Worker

Occasional services

Heart specialist
Kidney specialist
Diabetes specialist
Child health specialist
Eye specialist
Alcohol specialist
Smoking specialist
Podiatry
Optometrist
Psychiatrist
Child and Adolescent
Psychiatrist
Pain Specialist

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